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DVD Contents: Setting up the bow, Selecting the arrow length, Ready for tuning and Shooting Techniques This DVD is a companion to his best-selling book Archery: The Art of Repetition, also published by The Crowood Press. AUTHOR:Simon Needham has been involved in archery for forty years, and has been shooting competitively since 1989.

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1. Archery Drill Book (2019). Become a more consistent and accurate archer! The Archery Drill Book covers all aspects of the sport, with 130 of the best drills for developing superior technique, skill, physical stamina, and the focused mind-set needed to shoot under pressure.

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Best Archery Books: The Ultimate Collection (2019) - BLGM
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